

Menu September 2022

(Primary & Secondary Education)

Monday 5th Spaghetti au garlic Hake supremes Vegetables duet Dairy dessert or fruit. Bread and water.	Tuesday 6th Vegetables cream soup Meatballs with tomato sauce Potatoes Boulangère Fruit. Bread and water.	Wednesday 7th Paella Eggs Villaroy Lettuce and tomato salad Fruit. Bread and water	Thursday 8th Chickpea stew Pork scallop Chef salad Fruit. Bread and water	Friday 9th Stir-fried green beans Roast chicken Diced potatoes Yoghurt or fruit. Bread and water
Monday 12th Wonder soup Cod Orly Tomato salad Dairy dessert or fruit. Bread and water.	Tuesday 13th Rice with tuna Braised chicken Baby carrot Fruit. Bread and water.	Wednesday 14th Butter beans with chorizo Spanish omelette Lettuce and onion salad Fruit. Bread and water	Thursday 15th Courgette cream soup Grilled hamburger Chips Fruit. Bread and water	Friday 16th Elbow pasta Bolognese Baked hake Mezclum salad Yoghurt or fruit. Bread and water
Monday 19th Madrilianian lentil stew Salisbury steak Mixed salad Dairy dessert or fruit. Bread and water.	Tuesday 20th Rice with tomato sauce Eggs Belle Aurore Chef salad Fruit. Bread and water.	Wednesday 21st Vegetables cream soup Chicken Chilindrón Diced potatoes Fruit. Bread and water	Thursday 22nd Spiral pasta with bacon Hake Meunière Lettuce and corn salad Fruit. Bread and water	Friday 23rd Noodle soup Loin with vegetables Vegetables Yoghurt or fruit. Bread and water
Monday 26th Macaroni with chorizo Hake supremes Tomato salad Dairy dessert or fruit. Bread and water.	Tuesday 27th Green beans with ham Grilled pork chop Chips Fruit. Bread and water.	Wednesday 28th Cocido soup Cocido Fruit. Bread and water	Thursday 29th Rice with chicken French omelette with ham Lettuce and carrot salad Fruit. Bread and water	Friday 30th Leek cream soup Deep-fried fish Diced potatoes Yoghurt or fruit. Bread and water

Happy New School Year!



SNACKS: Monday: Salchichon sandwich. **Tuesday:** Cheese sandwich. **Wednesday:** Chorizo sandwich. **Thursday:** York ham sandwich. **Friday:** Chocolate biscuits.