

Menu November 2022

(Primary & Secondary Education)

ALL HALLOWS' DAY		Tuesday 1st Spaghetti au cheese Pork scallops Lettuce and onion salad Fruit. Bread and water	Wednesday 2nd Dubarry cream soup Chicken Pepitoria Potatoes Boulangère Fruit. Bread and water	Thursday 3rd Fabada Hake delights Tomato salad Yoghurt or fruit. Bread and water
Monday 7th Rice with vegetables Eggs Villaroy Lettuce and corn salad Dairy dessert or fruit. Bread and water.	Tuesday 8th Lentil stew Cod Biscayne Vegetables Fruit. Bread and water.	Wednesday 9th Sautéed green beans Chicken Pizzaiola Chips Fruit. Bread and water	Thursday 10th Macaroni Neapolitan Baked hake Green salad Fruit. Bread and water	Friday 11th Carrot cream soup Loin in its sauce Rice Pilaf Yoghurt or fruit. Bread and water
Monday 14th Spaghetti au garlic Ham and cheese omelette Vegetables duet Dairy dessert or fruit. Bread and water.	Tuesday 15th Vegetables cream soup Meatballs in tomato sauce Diced potatoes Fruit. Bread and water.	Wednesday 16th Paella Hake supremes Lettuce and tomato salad Fruit. Bread and water	Thursday 17th Cocido soup Cocido Fruit. Bread and water	Friday 18th Potato stew Roast chicken Sautéed vegetables Yoghurt or fruit. Bread and water
Monday 21st Wonder soup Cod Orly Diced vegetables Dairy dessert or fruit. Bread and water.	Tuesday 22nd Rice in tomato sauce Baked sausages Chef salad Fruit. Bread and water.	Wednesday 23rd Butter beans with chorizo Grilled hamburgers Lettuce and onion salad Fruit. Bread and water	Thursday 24th Pumpkin cream soup Chicken thighs Chips Fruit. Bread and water	Friday 25th Elbow pasta Bolognese Cheese omelette Mezclum salad Yoghurt or fruit. Bread and water
Monday 28th Rice three delights Hake au gratin with aioli Mixed salad Dairy dessert or fruit. Bread and water.	Tuesday 29th Star soup Chicken drumsticks au lemon Lettuce and carrot salad Fruit. Bread and water.	Wednesday 30th Courgette cream soup Spanish omelette Mixed salad Fruit. Bread and water		

SNACKS: Monday: Salchichon sandwich. **Tuesday:** Cheese sandwich. **Wednesday:** Chorizo sandwich. **Thursday:** York ham sandwich. **Friday:** Biscuits.