



# Menu January 2022

(Primary and secondary)



<b>Monday 10th</b> Lentil stew "burgalesa" Spanish omelette Mixed salad Dairy dessert or fruit. Bread and water.	<b>Tuesday 11th</b> Vegetable cream soup Hake meunière Stir-fried rice Fruit. Bread and water.	<b>Wednesday 12th</b> Macaroni with tuna Cacciatore chicken Baby carrots Fruit. Bread and water	<b>Thursday 13th</b> Cocido soup Cocido Fruit. Bread and water	<b>Friday 14th</b> Rice five delights Grilled burger Chef salad Yoghurt or fruit. Bread and water
<b>Monday 17th</b> Elbow macaroni pomodoro Baked hake Lettuce and tomato salad Dairy dessert or fruit. Bread and water.	<b>Tuesday 18th</b> Portuguese green beans Grilled pork loin Boulanger potatoes Fruit. Bread and water.	<b>Wednesday 19th</b> Pinto bean stew Hake Koskera Vegetables Fruit. Bread and water	<b>Thursday 20th</b> Paella Spinach omelette Mixed salad Fruit. Bread and water	<b>Friday 21st</b> Courgette cream soup Chicken scallop Diced vegetables Yoghurt or fruit. Bread and water
<b>Monday 24th</b> <b>FESTIVITY OF OUR LADY OF PEACE</b>	<b>Tuesday 25th</b> Spiral pasta Bolognese Hake marnière Vegetables Fruit. Bread and water.	<b>Wednesday 26th</b> Butter bean stew Eggs with white sauce Lettuce and corn salad Fruit. Bread and water	<b>Thursday 27th</b> Rice Milanese Grilled chicken fillet Baby carrot Fruit. Bread and water	<b>Friday 28th</b> Vegetables cream soup Pork loin in sauce Chips Yoghurt Fruit purée
<b>Monday 31st</b> French peas Grilled pork loin Rice pilaf Dairy dessert or fruit. Bread and water.				

SNACKS: **Monday:** Salchichon sandwich. **Tuesday:** Cheese sandwich. **Wednesday:** Chorizo sandwich. **Thursday:** York ham sandwich. **Friday:** Chocolate biscuits.