



Menu October 2023

(Infant Education)

<p>Monday 2nd</p> <p>Lentil and chorizo soup</p> <p>Spanish omelette Lettuce and tomato salad</p> <p>Dairy dessert or fruit. Bread and water.</p>	<p>Tuesday 3rd</p> <p>Rice with tomato sauce</p> <p>Baked sausages Mixed salad</p> <p>Fruit. Bread and water.</p>	<p>Wednesday 4th</p> <p>Neapolitan spiral pasta</p> <p>Floured hake Lettuce and carrot salad</p> <p>Fruit. Bread and water</p>	<p>Thursday 5th</p> <p>Vegetable cream soup with croutons</p> <p>Chicken thighs Chips</p> <p>Fruit. Bread and water</p>	<p>Friday 6th</p> <p>Rain soup</p> <p>Meatballs Diced vegetables</p> <p>Yoghurt or fruit. Bread and water</p>
<p>Monday 9th</p> <p>Spaghetti with chorizo</p> <p>Tuna omelette Lettuce and onion salad</p> <p>Dairy dessert or fruit. Bread and water.</p>	<p>Tuesday 10th</p> <p>Leek cream soup</p> <p>Grilled pork loin Chips</p> <p>Fruit. Bread and water.</p>	<p>Wednesday 11th</p> <p>Cocido soup</p> <p>Cocido</p> <p>Fruit. Bread and water</p>	<p>Thursday 12th</p> <p>SPANISH NATIONAL DAY</p> 	<p>Friday 13th</p> <p>NON SCHOOL DAY</p>
<p>Monday 16th</p> <p>Elbow pasta Bolognese</p> <p>Grilled John Dory Lettuce and carrot salad</p> <p>Dairy dessert or fruit. Bread and water.</p>	<p>Tuesday 17th</p> <p>Star soup</p> <p>Chicken drumsticks au lemon Diced vegetables</p> <p>Fruit. Bread and water.</p>	<p>Wednesday 18th</p> <p>Butter bean stew</p> <p>Cheese omelette Mixed salad</p> <p>Fruit. Bread and water</p>	<p>Thursday 19st</p> <p>Rice Milanese</p> <p>Hake Basque style Sautéed peas</p> <p>Fruit. Bread and water</p>	<p>Friday 20nd</p> <p>Courgette cream soup</p> <p>Varied frying Chef salad</p> <p>Yoghurt or fruit. Bread and water</p>
<p>Monday 23rd</p> <p>Stir-fried peas</p> <p>Meatballs with tomato sauce Diced vegetables</p> <p>Dairy dessert or fruit. Bread and water.</p>	<p>Tuesday 24th</p> <p>Macaroni Amatriciana</p> <p>Hake supremes Lettuce and tomato salad</p> <p>Fruit. Bread and water.</p>	<p>Wednesday 25th</p> <p>Chicken and vegetables rice</p> <p>Courgette omelette Mixed salad</p> <p>Fruit. Bread and water</p>	<p>Thursday 26th</p> <p>Pumpkin cream soup</p> <p>Pork loin in sauce Diced potatoes</p> <p>Fruit. Bread and water</p>	<p>Friday 27th</p> <p>Pinto bean and rice soup Grilled chicken fillet Lettuce and carrot salad</p> <p>Yoghurt or fruit. Bread and water</p>
<p>Monday 30th</p> <p>Rice Bolognese</p> <p>Loin au garlic Vegetables</p> <p>Dairy dessert or fruit. Bread and water.</p>	<p>Tuesday 31st</p> <p>Lentil and pumpkin stew</p> <p>Roast chicken Baby carrots</p> <p>Fruit. Bread and water.</p>			