

# Menu January 2023

(Infant Education)

<b>Monday 9th</b> Letter soup  Hake supremes Mezclum salad  Dairy dessert or fruit. Bread and water.	<b>Tuesday 10th</b> Lentil stew Burgos style  Spanish omelette Lettuce and corn salad  Fruit. Bread and water.	<b>Wednesday 11th</b> Stir-fried green beans  Paella Mixed salad  Fruit. Bread and water	<b>Thursday 12th</b> Pumpkin cream soup  Chicken au lemon Potatoes Boulangère  Fruit. Bread and water	<b>Friday 13th</b> Macaroni & tomato sauce  Hake in sauce Lettuce and onion salad  Yoghurt or fruit. Bread and water
<b>Monday 16th</b> Rice with tomato sauce  Fish delights Diced vegetables  Dairy dessert or fruit. Bread and water.	<b>Tuesday 17th</b> Vegetables cream soup  Grilled chicken fillet Chips  Fruit. Bread and water.	<b>Wednesday 18th</b> Chickpea stew  Tuna omelette Baby carrots  Fruit. Bread and water	<b>Thursday 19th</b> French peas  Elbow pasta with chicken Chef salad  Fruit. Bread and water	<b>Friday 20th</b> Star soup  Chicken scallop Lettuce and corn salad  Yoghurt or fruit. Bread and water
<b>Monday 23rd</b> Stir-fried vegetables  Fideua Lettuce and tomato salad  Dairy dessert or fruit. Bread and water.	<b>Tuesday 24th</b>  <b>FESTIVITY            OF OUR LADY            OF PEACE</b>	<b>Wednesday 25th</b> Leek cream soup  French omelette Chips  Fruit. Bread and water	<b>Thursday 26th</b> Rice with vegetables  Hake Rioja style Vegetables  Fruit. Bread and water	<b>Friday 27th</b> Cocido soup  Complete cocido  Yoghurt or fruit. Bread and water
<b>Monday 30<sup>th</sup></b> Spaghetti with tuna  Chicken fillet Lettuce and corn salad  Dairy dessert or fruit. Bread and water.	<b>Tuesday 31<sup>st</sup></b> Dubarry cream soup  Rice with chicken Lettuce and tomato salad  Fruit. Bread and water.			

